

NEBRASKA TRACK & FIELD

2022 NEBRASKA TUNE-UP

FEB. 18, 2022 / BOB DEVANEY SPORTS CENTER – LINCOLN, NEB.

SCHEDULE OF EVENTS

Changes Noted in ***Bold/Italized*** font

Horizontal Jumps:

1:30pm	Long Jump	W
2:00pm	Long Jump	M
4:00pm	Triple Jump	W
4:30pm	Triple Jump	M

Throwing Events:

1:00pm	Shot Put	M
- to follow	Shot Put	W
- to follow	Weight Throw	M
- to follow	Weight Throw	W

Vertical Jumps:

1:30pm	Pole Vault	M
- to follow	Pole Vault	W
2:00pm	High Jump	M
- to follow	High Jump	W

Running Events:

2:15pm	60m Hurdles	W
2:30pm	60m Hurdles	M
2:45pm	60m Dash	W
2:55pm	60m Dash	M
3:15pm	Mile Run	W
3:35pm	Mile Run	M
3:55pm	400m Dash	W
4:15pm	400m Dash	M
4:35pm	600m Run	W
4:50pm	600m Run	M
5:05pm	800m Run	W
5:20pm	800m Run	M
5:40pm	200m Dash	W
6:00pm	200m Dash	M
6:20pm	3000m Run	W
6:35pm	3000m Run	M
6:50pm	4x400m Relay	W
7:00pm	4x400m Relay	M